

Highlights of 2nd week of Foundation Course

In the second week of foundation course, following sessions were conducted.

Session -1: Inter-personal skills

Students learnt about the various aspects of relationship and communication skills. They learnt by doing role-play of doctor-patient communication. Good and effective communication skill by medical professionals is necessary to change attitude of society towards profession.



Session -2: Cinemeducation

Additions of cinema in medical education like video clips, short movies are effective tool to learn AETCOM (Attitude & Communication) part of CBME. Students were encouraged to precisely use this media as a part of education.

Session -3: Professionalism & Consequences of unethical behavior

In this interactive session, students learnt importance of professionalism in medical field with their tools and what happen to the perspective of society towards medical profession if one is doing unethical practice.

Session -4: Self-directed learning

As a part of CBME, students must be aware of this learning tool and how one can take benefit from this tool.

Session -5: First Aid skill

Department of nursing took this session on first aid techniques. Students knew requirements of various tools of first aid box like disinfectant, bandage, gauze pad, swab etc. Various techniques of bandage in different body parts were demonstrated.

Session -6: Field visit to RHTC

Students visited rural health training centre attached with medical college. They observed infrastructure, facilities and working pattern of RHTC. By doing this they get attached with community aspects of profession. Students have also made posters under the guidance of department of community medicine to show various messages.



Session -7: Roles of IMG (Indian Medical Graduate)

Students made aware of five roles of IMG defined by MCI to achieve its goal to make competent IMG. They got knowledge of various competencies to achieve these roles.

Session -8: Community based learning

This session focused on community aspects of teaching-learning methods. Students knew about the tools available to them and how to take benefits of these tools during their learning process. Learning at primary health center make them aware of actual scenario of working in community.

Session -9: Learning Pedagogy

In this session, student learnt different teaching-learning methodology for suitable for adolescents and difference of pedagogy with andragogy.

Session -10: Importance of attendance

Students made aware of importance of attending classes, tutorials and small group discussions, not only to complete attendance criteria but also beneficial for academic growth. Also they knew importance of concentration in any class to gain knowledge of topic and subject.

Session- 11: Personality development

Students learnt various aspects of personality like postures, gestures, habits, communication etc. with do's and don'ts to enhance ones personality as it is important aspect to build confidence. Students have done role-play to show what to do and what not to do.

Session -12: Value of integrity, honesty and respect in medical profession

This session included different aspects of doctor's professional relationship like respect to colleagues, fellow staff, patients and attendants. How one can be honest to his profession and its importance was the focus of this session.

Session -13: Biomedical waste management

This interactive session focused on management of bio-medical waste with their color coding. Students learnt through role-play done by nursing students and demonstration given by department of Microbiology.



Session -14: Team work in Medical profession

This session addressed one of the role of Indian medical graduate which is 'Leader and member of health care team'. Students learnt about how to be a good leader and member for working in a team along with colleagues, nursing staff, technicians, assistants etc.

Session -15: How to perform better in exams

For better performance in exam it needs to have preparations from first day. In this session students also made aware of rules and regulations of examination and preparations required in advance to remain stress free during exams. Also they knew importance of time management during examination.

Session -16: Language (English)

This session mainly focused on writing skills in English which may help students in writing long answered questions, reflective writing and writing applications.

Session -17: Language (Local)

This interactive session was to learn about local language of this region which is 'Mewari'. Students learned about history taking in Mewari language.

Session -18: Computer skills

Students learned about basic knowledge of computer skill and in future classes they will learn about various advance skills like Google group, e-classes, webinar etc.

Session -20: Sports & Extra-curricular activities

Students actively participated in various sports like cricket, volley ball, badminton, table-tennis, carom, chess etc. In extra-curricular activities singing competition was held in which students have participated in solo and in groups.

