

Highlights of 1st week of Foundation Course

Foundation course for the students of MBBS batch 2019-20 is organized in Ananta Institute of Medical Sciences & Research Centre, Rajsamand as per the guidelines given by academic cell of MCI and new competency based medical curriculum. Here is the session wise summary of first week of foundation course, conducted as per the time-table prepared by Medical Education Unit.

Session-1: Orientation Program & White Coat ceremony

Students of batch 2019-20 were welcomed by seniors with traditional touch. Program was blessed by chief guests Dr. Lakhan Poswal, Medical superintendent, MB Hospital Udaipur and Shri Ravindra Ji Maheshwari, District Judge Udaipur. Principal & Controller Dr. Pramila Bajaj has given orientation speech to aware the students and their parents regarding rules & regulations and various milestones & achievements of Institute. Moment of the day was 'White Coat Ceremony' in which toppers of batch 2018-19 honor new students with icon of medical profession 'White coat'. After wearing white coat, responsibilities and duty of physician was reminded by 'Hippocratic oath'. Program ends with 'National Anthem'.



Session -2: Ice breaking by HODs

Heads of the Anatomy, Physiology, Biochemistry and Community Medicine have introduced their subjects briefly. It was followed by introduction of faculties of all four departments. After that students were informed to give short introduction of them. Log-book for the foundation course was distributed which include reflective writing for various sessions.

Session -3: Introduction to MBBS program

Students made aware of salient features of GMER 2019 like new pattern of MBBS program, phase distribution, Foundation course, AETCOM, Early clinical exposure, Self-directed learning, community based learning, sports and extra-curricular activities etc.

Session -4: Reflective writing

Reflection is the best way to express. Students were sensitized about reflective writing which is one of the methods of assessment for AETCOM. Reflective writing will be done by students for various sessions of foundation course in log-book.

Session -5: Departmental visit

Batch wise departmental visit for the students was arranged to orient them for various laboratories, museum, dissection hall, demonstration rooms etc.

Session -6: De-addiction

Guest lecture on de-addiction was arranged for the awareness regarding addiction and their harms and steps of de-addiction, by Dr. P C Jain who is active in this field since last many years. Session was very interactive and students have done role-play to understand the concept of the same.



Session -7: MCI documents for UG students

Students made aware of official documents by MCI related to UG students and how to access these documents like Graduate medical regulations, UG curriculum, screening test regulations, code of medical ethics etc.

Session-8: Health care delivery system in India

Various tiers of health care system in India from primary to tertiary with facilities available, infrastructure requirements, limitations and government regulations should be known to students.

Session -9: CBME and Role modeling

Students were known about Competency based medical education regarding need of CBME, vision 2015 of MCI, importance and differences with traditional curriculum. Students understood the importance of role model in their life.

Session -10: National health program

Various programs run by government of India with their importance, implementation at different level of health care and statistical data of various programs was explained by department of community medicine.

Session -11: Group learning

Group activity was carried out in which students were divided into small groups and they were given a topic to discuss. Another set of students observed them and given answers to preformed questionnaires. Students learned importance of group dynamics.

Session -12: Anti ragging guidelines and introduction to anti ragging committee of institute

Students were informed about rules and regulations of MCI and apex court of India. Principal & Controller Dr. Pramila Bajaj introduced institutional committee for prevention and control of ragging.

Session -13: Medical record

Students came to know that medical record department is the key part of any hospital where all the records of patient is collected, compiled and saved. They knew about working of MRD section of ananta hospital.

Session -14: Peer assisted learning

This session was done to aware students about Importance of peer learning for preparation of difficult topics within short time.

Session -15: Learning from members of health care team

As a part of leader of medical team, doctors also learn many things from colleagues, seniors and juniors, nursing staff, OT staff, technicians etc. which students should know.

Session 16: Rights of a doctor and MCI etiquettes

Students made aware of rights of medical professionals and laws in favor of doctors and clinical set up which is necessary now a days to have knowledge for the same.

Session -17: Language (English)

Two sessions of English language were arranged in first week of foundation course by retired professor of English literature Mrs. Kalpana Bhatnagar. Students will learn about writing and speaking skills of English which will be beneficial for students of local medium.

Session -18: Language (Local)

This interactive session was to learn about local language of this region which is 'Mewari'. Students learned about history taking in Mewari language.



Session -19: Computer skills

Students learned about basic knowledge of computer skill and in future classes they will learn about various advance skills like Google group, e-classes, webinar etc.

Session -20: Sports & Extra-curricular activities

Students actively participated in various sports like cricket, volley ball, badminton, table-tennis, carom, chess etc. In extra-curricular activities students played Antakshari and Extempore.

